



Philippine Coast Guard
Philippine Coast Guard Auxiliary
Coast Guard Auxiliary District Central Visayas
202nd AUXILIARY SQUADRON
Pier 3, Arellano Boulevard, Cebu City 6000



17 July 2025

Our ref: 202-07-2025-2AAR

From : **AUX AUDRIE KYLE HOLAYSAN PCGA**
DAS, 202nd Coast Guard Auxiliary Squadron

To : **AUX COMMO BETHLEHEM V HOLAYSAN JR PCGA**
District Auxiliary Director, CGADCV

Via : **CAPT JEROME Y LOZADA PCG**
Station Commander, Coast Guard Station Central Cebu
(Attn: Station Staff for Community Relations Service, S7)

Subj : **AFTER ACTIVITY REPORT**
PHA 2nd National CPR Day

Date : 17 July 2025

Encl : A. List of Participants / Attendance sheets
B. Pictures taken during the activity

I. **TIME COVERED:** 0800H-1200H, July 17, 2025

II. **VENUE:** The Tent, Mandani Bay, Mandaue Cebu

III. **MISSION:**

PCGA 202nd Squadron in cooperation with the PHILIPPINE HEART ASSOCIATION, INC CEBU CHAPTER are to collaborate and partner with community members in order to raise awareness, train and educate of this potentially life-saving ability in celebration of the second National CPR (Cardio-Pulmonary Resuscitation) Day.

IV. **CHRONOLOGICAL EVENTS:**

At 0800H on July 17, 2025, the 202nd Auxiliary Squadron together with other squadrons arrived at The Tent, Mandani Bay, Mandaue Cebu. The program started off registration, assisting and preparing the site together with PHILIPPINE HEART ASSOCIATION, INC CEBU CHAPTER members and volunteers. For the day's activities. Opening remarks by incoming president, Dr. Jennifer del Castillo.

The session opened with a discussion on cardiac arrest and the functions of the heart, emphasizing the difference between cardiac arrest and heart

attack, as well as the urgency of immediate intervention to improve survival outcomes. The five Cs of CPR were also introduced to provide participants with a clear, systematic framework during emergencies which were Check, Call Compress, Continue, Care.

Subsequently, doctors demonstrated the correct procedures for administering CPR, focusing on proper hand placement, compression depth, and rhythm to maintain effective circulation during cardiac arrest. An orientation on the use of the Automated External Defibrillator (AED) was also provided, highlighting its role in restoring a normal heart rhythm. Participants were guided on how to properly apply the AED pads, follow voice prompts, and coordinate defibrillation while continuing CPR if necessary.

To consolidate learning, each team engaged in hands-on CPR practice under the supervision of the facilitators. Participants were able to apply the correct techniques for chest compressions and rescue breathing using mannequins, ensuring that they gained practical confidence in managing real-life cardiac emergencies.

The day concluded around 1100H with snacks and drinks as well as certificate distribution to the participants and closing remarks thereafter.

V. **RECOMMENDATIONS:**

Recommended conferment of appropriate awards to all PCGA participants in the said event.



AUX CAPT AUDRIE KYLE K HOLAYSAN PCGA
Director Auxiliary Squadron
202nd Coast Guard Auxiliary Squadron

Noted by:

CAPT JEROME Y LOZADA PCG
Station Commander, Coast Guard Station Central Cebu
(Attn: Station Staff for Community Relations Service, S7)

Encls: A. List of Participants / Attendance Sheets

Attendees:



PHILIPPINE COAST GUARD
 COAST GUARD DISTRICT CENTRAL VISAYAS
 COAST GUARD AUXILIARY DISTRICT CENTRAL VISAYAS
 202nd COAST GUARD AUXILIARY SQUADRON
 Pier 3, Arellano Blvd. Cebu City



PHA 2ND NATIONAL CPR DAY
 The Tent, Mandani Bay, Mandaue Cebu JULY 17, 2025

ATTENDANCE SHEET

NO	(RANK	NAME (FIRST NAME LAST NAME PCGA)	SQUADRON / DIV	ADDRESS	SIGNATURE
1		AUX CDR Rose Patiño PCGA	202.2	CEBU	<i>[Signature]</i>
2		AUX LCDR Brendo Mabano PCGA	202.2	CEBU	<i>[Signature]</i>
3		AUX LCDR Nigel Psalm S Yap PCGA	202.2	CEBU	<i>[Signature]</i>
4		AUX ENS Mar Anthony G Parpan PCGA	202.1	CEBU	<i>[Signature]</i>
5		AUX CAPT Audrie Holaysan PCGA	202.2	CEBU	<i>[Signature]</i>
6		AUX ENS JAMES BEYAH DIMULAK PCGA	202.2	CEBU	<i>[Signature]</i>
7		AUX LTJG CORNELIO, KISSARA ALLYSA EPANI C. PCGA	202.2	CEBU	<i>[Signature]</i>
8		AUX LTJG CORNELIO, SEAN DHEN MARK C PCGA	202.2	CEBU	<i>[Signature]</i>
9		AUX LTSG ONG, ERIC PCGA	202.2	CEBU	<i>[Signature]</i>
10		AUX LTSG CHARLES ENRIQUE V ALIGUAY PCGA	202.1	CEBU	<i>[Signature]</i>
11		AUX LTSG EFRON A MALIBAY PCGA	219	LLC	<i>[Signature]</i>
12		AUX ENS MAR ANTHONY G PARPAN PCGA	202.1	CEBU	<i>[Signature]</i>
13		AUX LTSG Edgardo G. Zapata Sr.	202.1	CEBU	<i>[Signature]</i>
14		AUX LTJG Mar Anthony Tabara	202.2	Cebu	<i>[Signature]</i>
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17					
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B. Pictures taken during the activity

